



Day 1: Friday

8:30 – 9:00	Registration & Coffee
9:00 – 9:30	Opening by World AbilitySport President Rudi Van Den Abbeele and Scotland’s Minister for Social Care, Mental Wellbeing and Sport Maree Todd MSP
9:30 – 10:10	Keynote: Dr Mike Peters
10:10 – 10:40	Parallel sessions (2 x 15 min) Session 1: Benefits of physical activity for people with cerebral palsy and other conditions Session 2: Exercise physiology and cerebral palsy
10:40 – 11:10	Coffee/tea break
11:10 – 12:10	Parallel sessions (4 x 15 min) Session 1: Classification of athletes with neurological conditions in para sport Session 2: Physical activity and health in multiple sclerosis
12:15 – 12:30	Elevator pitch posters
12:30 - 13:30	Lunch
13:30 - 14:00	Posters
14:00 – 14:40	Keynote: Dr Sarah Reedman
14:40 – 15:40	Parallel sessions (4 x 15 min) Session 1: Promoting physical activity: New approaches to delivering health and wellbeing services Session 2: Effects of training interventions in Cerebral Palsy
15:40 – 16:10	Coffee/tea break
16:10 – 16:50	Keynote: Associate Prof Leanne Hassett & Prof Cathie Sherrington
16:50 – 17:50	Coach talks and panel with Paula Dunn MBE and Anita Maria Laszlo
17:50 - 18:00	Closing remarks Day 1
Evening	Drinks reception



Day 2: Saturday

9:00 – 9:40	Keynote: Prof Brett Smith
9:40 – 10:40	Parallel sessions (4 x 15 min) Session 1: Identifying needs and priorities to improve physical activity participation by people with cerebral palsy and other conditions Session 2: The benefit of frame Running on physical health and psychosocial wellbeing
10:40 – 11:10	Coffee/tea break
11:10 – 12:30	Parallel workshops: Workshop 1: Supporting lifelong physical activity participation and chronic disease prevention among individuals with cerebral palsy Workshop 2: Understanding the importance of inclusive sport: thinking beyond the label of disability (with practical boccia activity) Workshop 3: Floatation - Revolutionary floating device for all abilities
12:30 – 13:30	Lunch
13:30 – 14:10	Keynote: Dr Phoebe Runciman
14:10 – 14:40	Parallel sessions (2 x 15 min) Session 1: Benefits of physical activity for people with physical disabilities Session 2: Adapted Sports: New approaches
14:40 – 15:40	Athlete talks and panel with Stephen Miller MBE PLY, Danny Teare and Tamsin Colley PLY
15:40 – 16:10	Coffee/tea break
16:10 – 16:40	Guest Session Speaker: Jess Silver (online)
16:40 – 17:20	Panel of keynote speakers, athletes and coaches
17:20 – 17:30	Closing remarks

*Please note: This is a provisional timetable and times listed are subject to change.