



access to sport

# CPIISRA NEWS

Official Newsletter of the  
Cerebral Palsy International Sports and Recreation Association

## The end of the year and era but there is many exciting times to be had in 2023!

On 28th of November the CPIISRA membership made the decision to dissolve CPIISRA and merge with the International Wheelchair and Amputee Sports Federation (IWAS) at our Extraordinary General Assembly (EGA). The historical decision will benefit the worldwide physical disability community and one that Charmaine Hooper IWAS CEO and myself have talked about for more than a decade.

Getting to the point where we could bring proposals to the EGA was two years of hard work, but it will be well worth it in the long term.



The CPIISRA name may about to be assigned to history books, but the ethos and objectives of the organisation will be embedded in the new organisation that the CPIISRA and IWAS members have created.

Planning has already started for the recreational camps for 2023 and the 2023 Health and Physical activity conference has been launched and will take place in Edinburgh on 20-21 October 2023.

The CPIISRA EGA took place during the IWAS World Games in Portugal. These games were a great success with many athletes from around the world getting their first taste of international competition. These games highlight the need for such events and by combining CPIISRA and IWAS we will allow such events to grow and become more sustainable.

As we enter a new era this will be my last newsletter of the year and as the President and CEO of CPIISRA. I would like to thank you all for your help and support during my time with CPIISRA. I will be very much involved in the new organisation, and I see a bright future for the physical disability community under the new organisation.

Finally, I would like to wish you all a happy festive holiday and a prosperous New Year and I look forward to meeting and working with you all in 2023.

*Craig Cascedo*



# 2023 CONFERENCE



Following the success of the 2021 CPISRA Conference, we are pleased to announce the dates of the 2023 Conference. The 2023 CPISRA Conference on Physical Activity for Health for People with Cerebral Palsy and Related Neurological Conditions will take place at the University of Edinburgh on the 20th and 21st of October 2023.



Further details and information will be released shortly.

A call for abstracts will open in early 2023.

The 2023 conference will be a hybrid one, allowing for face-to-face and online attendance. Keep your eyes on your emails and our social media for more information.

## FRAME RUNNING WEBINARS



October and November saw the return of our Frame Running Webinars, led by Craig, Claire and Gavin. We presented the 1.5 hour workshop to over 80 coaches, physios, and national sports staff from over 33 countries.

Some of the topics that are covered in the session include:

- Which impairment groups can compete in Frame Running
- An understanding of the classification system
- How to set up an athlete on a frame
- What to include in a session including warm-up activities and drills.

**We have our final webinar in this series on Tuesday 10th January at 23:00GMT. To register your place please go to: <https://cpisra.org/FRwebinars>**

## RECREATION SURVEYS

At CPISRA, we are looking for ways to develop our recreational opportunities for people with cerebral palsy and related conditions around the world. We are currently gathering the views of people with CP and related conditions, parents and carers of people with CP and related conditions, and health and sport professionals working with people with CP and related conditions. If you are interested in sharing your views, please head over to <https://cpisra.org/recreation/> and complete the survey most relevant to you.

**Thank you!**

## RECREATION CAMPS RETURN IN 2023

We are pleased to announce our recreation camps for 2023. We will be running three as in 2022.

April will see the return of the Teen recreation camp where 11 teenagers and a guardian will take part in 5 days of outdoor activity at Bendrigg Trust.

July /August will see our third family camp returning to the Lakes Calvert Trust for 5 days of fun laughter and making new friends.

The final camp will be the adult camp again in September. We have a new venue of The Bendrigg Trust to try some new and different challenges. Watch out for further details in the coming weeks.

## SAYING FAREWELL

This is the last CPISRA newsletter in this format, but it is also time to say farewell and good luck to Lauren Mcallister CPISRA Development Manager who is leaving after a wonderful 4 years in post. She brought so many projects to the CPISRA community such as the recreation camps, the RUNFREE project and was behind the successful 2021 conference. We wish her and her family all the best in the future.



If any member has information they'd like to share via this newsletter, please email [claire.buckle@cpisra.org](mailto:claire.buckle@cpisra.org)

