

## **IWAS Anti-Doping Information for Athletes and other persons**

IWAS makes its best efforts in order to ensure that all mandatory information on anti-doping is provided to athletes and other persons who fall within IWAS's jurisdiction.

Currently the following information is available on the IWAS official web-site (<https://iwasf.com/anti-doping/>):

- IWAS Anti-Doping Code 2021
- World Anti-doping Code 2021
- WADA Prohibited List 2021 (effective since 1 January 2021)
- WADA Prohibited List 2022 (effective since 1 January 2022)
- IWAS TUE Information, including TUE Application & Notification Forms
- IWAS Registered Testing Pool information
- Link to the video describing WADA Doping Control Process for Athletes
- IWAS Anti-Doping Agreement
- Link to WADA Website
- Link to Online Educational Resources
- Link to Online Resources for Coaches, Sport Physicians and Others
- Link to Play True Quiz

The IWAS Anti-doping Education was established in compliance with the requirements of article 18 of the WADA Code, which states:

“Education programs shall raise awareness, provide accurate information and develop decision-making capability to prevent intentional and unintentional anti-doping rule violations and other breaches of the Code».

Main goals of the IWAS Anti-doping Education are the following:

1. To prevent intended or unintended use of Prohibited substances and methods by the Athletes in IWAS sport (wheelchair fencing, powerchair hockey);

2. To provide a better awareness of athletes and athlete support personnel in the field of fight against doping;
3. To ensure the fair play and pure rivalry of athletes in IWAS sport.

The Curriculum of the IWAS Anti-doping Education touches upon all the topics, containing the 2021 Code of WADA and provides with the information, which has to be known, understood and applied in everyday life by the targeted groups:

1. World Anti-Doping Code.
2. Types of anti-doping rule violations.
3. The Prohibited List of WADA. Therapeutic Use Exemption for Prohibited Substances and Prohibited Methods in sport. The risk of nutritional supplements.
4. Doping Control procedures. Athletes' and Athlete Support Personnel's rights and responsibilities
5. Providing whereabouts information in ADAMS.
6. Results management. Investigation of possible anti-doping rule violations and access requirements for sample collection. Consequences for Athletes and Athlete Support Personnel.

#### Detailed Program Contents of IWAS Anti-doping Education

- 1. World Anti-Doping Code of WADA.**
  - Anti-Doping. History of fight against doping in sport.
  - WADA and its role. UNESCO International Convention on Fight against Doping in Sport.
  - World Anti-Doping Code and International Standards.
  - Doping in Sport, the role of an athlete, athletes supporting personnel. Sport values, honesty, ethics, sport behavior. Spirit of sport.
- 2. Types of Anti-Doping Rules Violations.**
  - What is Doping. Types of Anti-Doping Rules Violations.
  - Presence of Prohibited Substance in Athlete's Sample.

- Use or Attempted Use of Prohibited Substances (PS) or Prohibited methods (PM).
- Evading, Refusing or Failing to Submit to Sample Collection.
- Tampering or Attempted Tampering of Doping Control Procedure.
- Whereabouts failures.
- Possession of Prohibited Substances and Methods.
- Trafficking or Attempted Trafficking of PS or PM.
- Administration or Attempted Administration of PS or PM.
- Complicity. Prohibited Association.
- Acts by an Athlete or Other Person to Discourage or Retaliate Against Reporting to Authorities

### **3 WADA Prohibited List. Therapeutic Use Exemptions of Prohibited Substances and Methods. The risk of using nutritional supplements.**

- What is WADA Prohibited List and how it's composed.
- Structure of the Prohibited List.
- Health Consequences of Doping and Social Consequences of Doping.
- Therapeutic Use Exemptions (TUEs).
- Permission on TUEs. Retroactive TUEs.
- The Risk of Food Supplements. How to check the medications.

### **4. Doping Control Procedure. Rights and responsibilities of athlete and athletes supporting personnel.**

- Doping Control Procedure: Notification. Arrival to a Place of Sample Collection. Doping Control Procedure.
- Rights and Obligations of Athletes.
- Peculiarities of Blood Sample Collection. Athlete Biological Passport.
- Role and Responsibilities of Athlete Support Personnel.

### **5. Whereabouts in ADAMS.**

- Athlete Selection, compiling the Registered Testing Pool.
- Provide whereabouts information in ADAMS.

- Athlete Profile. Which information shall be provided. One-hour interval of an absolute availability.
- Frequently Made Mistakes

**6. Results Management. Investigation of a possible anti-doping rule violation and rules of availability for testing. Consequences for athletes and athlete support personnel.**

- Analysis of Samples in case of Adverse Analytical Finding.
- Review Regarding Adverse Analytical Findings. Athletes' rights.
- Applicable Sanctions based on the results of Review Regarding Adverse Analytical Findings.
- Sanctions on Athlete Supporting Personnel.
- Hearings. Sanctions imposition.
- Whereabouts failures (flag).
- Review of Whereabouts Failures.